

OZIE MORNING CLASSES

Pilates • Barre • Surf — Bondi Beach Studio

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – Sunrise Pilates	7:00 – Sunrise Pilates	7:00 – Sunrise Pilates	7:00 – Sunrise Pilates	7:00 – Sunrise Pilates	7:30 – Surf Class	Beach Stretch
8:00 – Surf Class	8:00 – Barre	8:00 – Surf Class	8:00 – Barre	8:00 – Surf Class	8:30 – Surf Class	Community Coffee
9:00 – Barre	9:00 – Surf Class	9:00 – Barre	9:00 – Surf Class	9:00 – Barre	9:30 – Barre	Açai Breakfast
10:00 – Pilates Flow	10:00 – Barre	10:00 – Pilates Flow	10:00 – Barre	10:00 – Pilates Flow	10:30 – Surf Class	Free Beach Time
11:00 – Core Pilates	11:00 – Core Pilates	11:00 – Core Pilates	11:00 – Core Pilates	11:00 – Core Pilates	11:30 – Barre	Community Hangout